

Best Burgers Ever

Ground meat (amount depends on how many burgers you need, amounts below are for 4 burgers)

1 tsp Worcestershire Sauce

1 tsp Franks Hot Sauce

1 tsp relish

1 small onion, chopped

2 tsp crushed garlic

½ tsp smoked paprika

½ pkg shredded cheese or equivalent hunk, chopped

Herbs to taste, e.g., tarragon, rosemary, etc

Grind your own meat so you can use better cuts and avoid pink slime. Otherwise use chopped sirloin or ground buffalo. The cheese adds fat that the otherwise lean meat needs to hold the patties together. Make your patties taking care that the additions make it all harder to stay together. Cook as you always do. No need for sliced cheese on top since it's inside.